

Building Equitable and Inclusive Food Systems at UC Berkeley

Definitions of Terms, Questions around Terms

1. What is diversity?

- Differences
 - i. More than tolerating differences, but embracing them.
 - ii. Celebrating differences
 - iii. Appreciating and inviting and understanding differences in person, thought and culture
 - iv. Recognizing that people have different identities and being inclusive of all those
- Inclusion
 - i. Richness of all cultures, experiences, needs, strengths and more
 - ii. Having all identities; begin open and welcoming
 - iii. Equitable representation
 - iv. A broad spectrum of race, ethnicity, gender, economic background and other identities.
 - v. Recognizing that people have different identities and being inclusive of all those
- An Imperfect word
 - i. Beyond tokenizing
 - ii. Sometimes used without a real definition
 - iii. I too am wary of this term, it tends to be thrown around/deployed at a surface level, or simply conflated with race and ethnicity

2. What is equity?

- Fair and just distribution of resources and representation in structures and institutions
- Different starting points
 - i. Taking into consideration what someone has/where they are starting
 - ii. Idea that all folks have access (need interventions) to things, policies, institutions, etc.; acknowledging that we inherently do not have the same type of access
 - iii. Attending equally to people's very different need
 - iv. Equality=everyone has shoes; equity=everyone has shoes that fit
- Leveling of playing field
 - i. Equality of 'condition'
 - ii. Equal access and preparation for success; leveling of the playing field; results may vary based on individual and how opportunities are leveraged/used
 - iii. Leveling the playing field while acknowledging and celebrating difference
 - iv. Nobody wastes, nobody goes hungry, everyone contributes
- Constantly negotiated—never a fixed state
- Would like to discuss more

3. What is inclusion?

- Creating a safe space
 - i. Holding space for people in such a way that creates belonging within society and its structures
 - ii. Creating a space where all folks of different background can fee belonging

- iii. Active effort to make space, hear voices with shared agreements on how to share that space
 - iv. Making equal space for everyone in a given conversation, institution, environment, etc.
- Vs. Exclusion
 - i. Opposite of exclusion
 - ii. No one is excluded either purposely or by an oversight
 - iii. Allowing everyone to be feel welcome no matter their identity
- Openness
 - i. Radical openness and accessibility; recognizing and celebrating difference
 - ii. Openness—not having all the answers
 - iii. Respecting different viewpoints.
- Breaking of barriers
- I don't want inclusion to be equated with assimilation, or the erasure of difference. What are you including me in?

4. What is intersectionality?

- Intersection between identities
 - i. Cross section of identities on and off campus
 - ii. Our identities cannot be separated—they interact and overlap
 - iii. Interrelatedness of different experiences based on identities with nuances and complexity of one individual
- Intersections within personal identity
 - i. Understanding that our identities cannot be compartmentalized into things such as female and person of color. We are made up of experiences rooted in race, gender, class, ability, etc.
- Intersections between identity and the environment
 - i. We, and different parts of ourselves, do not exist in vacuums
 - ii. Understanding how privilege, power and marginality intersect and interact
 - iii. Our identities and struggles are interrelated
 - iv. How our various social markers of identity (gender, class, race, etc.) inform and shape how we move through the world
 - v. Fundamentally interwoven crosses
 - vi. The interaction between personal identities and/or social phenomenon and movements
- Opportunity to engage in solidarity
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5. On campus, I often find myself at the intersection of _____ & _____.

- Personal identity
 - i. Learning & already needing to know
 - ii. Woman & ambition
 - iii. Race and gender and age
 - iv. Nutrition, undocumented, and women
 - v. Leadership & lower class background
 - vi. Work, health, immigration & health and lack of time
- Focus

- i. Policy/Science/Practice/Mathematical and Physical Sciences & Environmental/Food/Health Issues
- ii. Science/genetics/society/food movements
- iii. Society & nature
- iv. Sustainable development projects & community-driven, justice-focused projects
- v. Community organizing priorities & public health
- Administration
 - i. Community/campus organizing & academia (x2)
 - ii. Community groundwork & elite institutions
 - iii. The right to do & administration
 - iv. My social justice work & my role on campus
 - v. Vision and values & processes of 'this is how it's always been'
 - vi. University (academic discourse) & community (social movements) (x4)
 - vii. Policy/regulations & availability of resources
- Power & marginality
- Anti-oppression work & practical work (x2)

6. One question I have surrounding food and equity inclusion is....

- Healthy food
 - i. Why are areas that have less access to healthy food not helped by food provides, going beyond basal economics to enforce food distribution, i.e. fresh vegetables in West Oakland?
 - ii. How can we improve accessibility to healthy food? What do we define as healthy food and is this helping or hurting accessibility?
 - iii. Dangers of focusing on healthy foods?
- Why does it always feel like students and administration are at odds on this work? (x2)
- To what extent do health food systems and equity include needs of workers in system (x2)
- How can we help communities whose experiences we have not lived?
- How can we build a resilient food movement that undermines systems of oppression?
- How do we work through identity politics of representation to arrive at equitable leadership?

7. How do we move from theory to practice when it comes to equity and inclusion?

- Provide services and resources. For example, the food pantry.
- Personal Action
 - i. Vote with your fork—support producers who include equity within their business models
 - ii. Be willing to self evaluate yourself and your area, e.g. assessment toolkit from race forward
 - iii. Be willing to self evaluate and empower students/young folks to create change within classrooms/organizations/on campus/administration, etc.
 - iv. Participate in critical conversation about race, class, gender, etc.
 - v. Walk the talk—create just solutions that are intersectional and accessible
 - vi. Just do it! Act, don't talk.
- You somehow must reach many people. This is difficult
- Allow discomfort and conflict

- For services and programs, involve those served in the development, implementation and evaluation
- Training offered in anti-racism/anti-oppression