

## **Building Equitable and Inclusive Food Systems at UC Berkeley**

### **Digging Deep Exercise, Day 1**

- Representing self/representing others
  - How to merge worlds?
  - Address disconnect
- Need to recognize our own privilege
  - e.g. being a part of UCB
  - How do we use privilege to better a community
- Active resistance through expressive cultural heritage
  - Speak out against appropriation
- Feeling that because of position, it's hard to show support...
  - How to deal with tensions/hierarchies
  - How to make use of our location (name, letterhead)
- Sometimes people feel they need to create their belonging. We need to meet them with belonging.
- Student graduating→job market. What does it mean to work in or out of the system
  - Community activism vs. the institution
  - Can you ever really work outside of the system?
- How our work is also to creatively deconstruct the food system destabilize
- Struck by info about food waste
  - How does this happen on campus?
  - How can we shift that here?
- We are disconnected from our own food system—how can we reconnect with our food here on campus?
- Thinking about feelings of safety and empowerment in food spaces
  - How can we address need?
- How can we acknowledge deep global/local political aspects of food
- Issues of keeping workers healthy and safe
  - What about workers?
- What role do we play individually?

#### **Questions**

- Who are all of the folks represented in the food system?
- What's to become of UCB and the food here?
- What would food justice look like at UCB? What's the vision?
- How do we protect those who speak out?
- How can we work together? How do we collaborate for a bigger impact?
- Are our definitions for 'healthy' accurate?
- Are we (individuals/groups) limiting our imagination around equity?
- Where are the men/who is not here?

#### **Group Conversation at Lunch**

- What does all of this mean for the work I am doing/my organization doing on food systems/justice?